



APRIL

UPCOMING EVENTS AT THE Y

VALPARAISO FAMILY YMCA
 1201 Cumberland Crossing Dr
 Valparaiso, IN 46383

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 WORLD AUTISM AWARENESS DAY	3	4	5	6 RINGING IN SPRING Annual 5K Run/Walk 8:00 AM
7	8 WEEK OF THE YOUNG CHILD SOLAR ECLIPSE	9 Gather & Grow Community Room 11:30 AM - 12:30 PM Mobile Market YMCA Pavilion 1:00 PM - 3:00 PM	10 Nutrition Seminar Healthy Smoothies Community Room 10:00 AM - 11:00 AM	11 Mayflower Tour Presentations Presidents Room 10:00 AM 6:00 PM	12	13
14	15	16	17	18 Cooking Classes Frittatas FUMC Kitchen 10:00 AM - 11:30 AM 3:30 PM - 4:30 PM 5:00 PM - 6:30 PM	19	20
21	22 EARTH DAY	23	24	25	26	27
28	29	30				