

It's for me!



Our Mission
 The Valparaiso Family YMCA is an inclusive, inter-faith charitable organization founded in Christian principles and traditions, dedicated to instilling the values of caring, honesty, respect, and responsibility, and providing for lifelong personal growth and the development of a healthy spirit, mind, and body for all.

Valparaiso Family YMCA
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 Valparaiso, IN 46383

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www.valpoyymca.org

Youth Wellness Center

June 2009

This schedule is subject to change with limited notice due to programming needs.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:00-8:00am Childcare		7:00-8:00am Childcare		
8:30-10:15am Ages 6-13 Supervised	8:30-10:30am Ages 6-13 Supervised	8:30-10:30am Ages 6-13 Supervised	8:30-10:30am Ages 6-13 Supervised	8:30-10:15am Ages 6-13 Supervised	8:30-10:30am Ages 6-9 Supervised
10:15-11:30am Child Care	10:30-11:30am Child Care	10:30-11:30am Child Watch	10:30-11:30am Child Watch	10:15-11:30am Child Care	10:30-4:30pm 10 and up
11:30am-3:30pm 10 and up	11:30am-4:30pm 10 and up	11:30am-4:30pm 10 and up	11:30am-4:30pm 10 and up	11:30am-4:30pm 10 and up	ROOM CLOSSES AT 4:30PM
3:30-4:30am Child Care					Sunday 1:00-4:30pm 10 and up
4:30-7:30pm Ages 6-13 Supervised	4:30-7:30pm Ages 6-13 Supervised	4:30-7:30pm Ages 6-13 Supervised	4:30-7:30pm Ages 6-13 Supervised	4:30-7:30pm Ages 6-13 Supervised	
7:30-9:30pm 10 and up	7:30-9:30pm 10 and up	7:30-9:30pm 10 and up	7:30-9:30pm 10 and up	7:30-9:30pm 10 and up	ROOM CLOSSES AT 4:30PM
ROOM CLOSSES AT 9:30PM	ROOM CLOSSES AT 9:30PM	ROOM CLOSSES AT 9:30PM	ROOM CLOSSES AT 9:30PM	ROOM CLOSSES AT 9:30PM	
Procedures for 6-13 year olds: 1. Children ages 6-9 must be signed in and out by a parent. Youth must stay in the Youth Wellness Center until picked up. 2. Parents of ages 6-9 year olds need to take your children to the restrooms before coming to the Youth Wellness Center. 2. All Wii games, I-Dance and Bikes will be in use at these times. 3. A staff member will be supervising during these times.				General Policies: 1. 1 hour time limit 2. Maximum of 15 children allowed in the Youth Wellness Center. 3. No gum, candy, food or drinks allowed in the Youth Wellness Center.	
Procedures for ages 10 years and up, under age 10 (with parent): 1. Parents must be in the Youth Wellness Center with children under the ages of 10. 2. Wii sports games and expresso bikes only. No I-Dance or Wii fit.					
Procedures for Childcare: 1. Only Childcare allowed in Youth Wellness Center during designated times.					