

LAZYSMAN TRIATHLON



2.5 MILE SWIM



112 MILE BIKE



26.2 MILE

Join the 5 week challenge

JAN 16-FEB 19

- Complete the Ironman Tri cumulatively & receive a FREE t-shirt
- Be entered in a drawing for a FREE month membership
- Double your effort, double your chances to win!

Register at the Courtesy Desk, pick up your log sheet today

Complete the challenge & receive a \$5 Indoor Triathlon discount

Open to members age 14+

\$10 member only