



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

VALPARAISO FAMILY YMCA • 1201 Cumberland Crossing Drive, Valparaiso, IN 46383 • 219 462 4185 • FAX 219 477 4720 • www.valpoymca.org

## Youth Wellness Room Schedule for Fall 2011 - Effective September 19, 2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00a - 10:30p 10 and up	8:00a - 3:30p 10 and up	8:00a - 10:30p 10 and up	8:00a - 3:30p 10 and up	8:00a - 10:30p 10 and up	7 - 8:30a 10 and up
10:30 - 11:30p Room Reserved for CW		10:30 - 11:30p Room Reserved for CW		10:30 - 11:30p Room Reserved for CW	8:30 - 10:30a Ages 6-13 Supervised
11:30 - 3:30p 10 and up		11:30 - 3:30p 10 and up		11:30 - 3:30p 10 and up	10:30a - 5:30p 10 and up
<p>Note: The Youth Wellness Center will be open to ages 6-13, with supervision, on October 28 and 31 (Fall Break), November 25, and from December 22 – January 4, 2012 (Holiday Break) from 8:30-10:30am M-F. The Youth Wellness Center is reserved for Child Watch from 10:30-11:30am during these same dates.</p>					
3:30 - Room Reserved for CC	Room Reserved for CC	Room Reserved for CC	Room Reserved for CC	Room Reserved for CC	ROOM CLOSSES AT 5:30p
4:30 - 7:30p Ages 6-13 Supervised	4:30 - 7:30p Ages 6-13 Supervised	4:30 - 7:30p Ages 6-13 Supervised	4:30 - 7:30p Ages 6-13 Supervised	4:30 – 9:30p 10 and up	<b>Sunday</b>
7:30 - 9:30p 10 and up	7:30 - 9:30p 10 and up	7:30 - 9:30p 10 and up	7:30 - 9:30p 10 and up		1 - 5:30p 10 and up
ROOM CLOSSES AT 9:30p	ROOM CLOSSES AT 9:30p	ROOM CLOSSES AT 9:30p	ROOM CLOSSES AT 9:30p	ROOM CLOSSES AT 9:30p	ROOM CLOSSES AT 5:30p

### Procedures during supervised times in Youth Wellness Center:

- Children ages 6-9 must be signed in and out by a parent. Children must stay in the Youth Wellness Center until picked up by parent or guardian.
- Children ages 10 and up, are required to sign themselves into the youth wellness center.
- Parents of ages 6-9 year olds need to take your children to the restrooms before coming to the Youth Wellness Center.
- All Wii games, I-Dance and Bikes will be in use at these times.
- Children need to be picked up promptly at designated closing time.

### Procedures during unsupervised time in the Youth Wellness Center:

- Parents must be in the Youth Wellness Center with children under the ages of 10.
- Wii sports games and expresso bikes only. No I-Dance or Wii fit.
- Anyone using Youth Wellness Center during unsupervised times are required sign themselves in on the sign-in log sheet.

### Procedures for Boomers and Beyond (BNB), Child Care (CC) and Child Watch (CW):

- Only specified groups are allowed in Youth Wellness Center during designated times.

### General Policies

- 1 hour time limit.
- Maximum of 15 children allowed in Youth Wellness Center.
- No gum, candy, food or drinks allowed in the Youth Wellness Center.
- No shoes allowed; children must wear socks in the Youth Wellness Center.
- Coats and jackets are to be placed in lockers.

### Our Mission

The Valparaiso Family YMCA is an inclusive, inter-faith charitable organization founded in Christian principles and traditions, dedicated to instilling the values of caring, honesty, respect, and responsibility, and providing for lifelong personal growth and the development of a healthy spirit, mind, and body for all.