



**Info Sheet: Games will be played at YMCA and Bridgepoint Church  
Practices will be at Bridgepoint Church**

**Coach Info-**

The Y depends on volunteer coaches. We make every effort to create teams to allow every child to play at least ½ of the game. It is our vision that every child plays equal time in each game. In the event that we are unable to obtain enough volunteer coaches, teams will be larger and will create the potential for less playing time. If you would like to help, but don't know much about the game, please set up a meeting with the Sports Director.

There will be a **coaches meeting on January 17<sup>th</sup> at 6pm** at the YMCA in the Community Room. All coaches should be present for this meeting. Rosters will be passed out at that time. Coaches will call all of the parents to inform them of your child's practice day and time.

**Requests-**

Requests for practice days will be granted. Parents will make this request while registering. Once team rosters are made, players can not be switched to other teams. Requests for players to be put together on the same team will be accepted. This cannot be guaranteed due to our objective of splitting participants evenly between ages and sex. No refunds/credits will be given unless MD note is presented to the Sports Director.

**Practice-**

Practice will begin the week of January 23<sup>rd</sup> at Bridgepoint Church. Each team will practice once through the week. 1<sup>st</sup>-6<sup>th</sup> graders will practice for 1 hour. Pre K-Kindergarteners will practice for 30 minutes.

**Games-**

Games will begin on Saturday February 4<sup>th</sup>. Game schedules can be found at [www.valpoyymca.org](http://www.valpoyymca.org). Please check this site 2 days before the first game as no changes in the schedule will be made after that point. Games will be played at both the Y and the old Y (currently Bridgepoint Church). The last game will be Saturday March 10<sup>th</sup>.

**Shirts-**

Shirts are delivered during the second week of practice and will be given out by Saturday February 4<sup>th</sup>. **Shirts run** a ½ size small in the youth sizes and a ½ size big in the adult sizes. Each player will be given the size they have selected in the computer during registration. Only head coaches will receive t-shirts. If a change in shirt size is needed after the shirts have been ordered, the participant will pay for additional costs.

**Pictures-**

Pictures will be taken during the week at practice time. Each team will have time before, during, or immediately following their practice for pictures. Picture week will be announced on the game schedule. Please have your child wear the team shirt to practice that week. Pictures will be taken at Bridgepoint Church.

**Rules-**

Score will not be kept at games except for 5<sup>th</sup> and 6<sup>th</sup> grade division. Games are approximately 30 minutes of playing time with scheduled time for warm-ups before the game and half time in between the middle periods. The Y's core values are caring, honesty, respect and responsibility. We strive to instill these values in our participants. We expect coaches, parents and others to be positive role models for the children and to display these core values **at all times**. For other rules please visit the Sports page of the YMCA website.

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**Our Mission**

The Valparaiso Family YMCA is an inclusive, inter-faith charitable organization founded in Christian principles and traditions, dedicated to instilling the values of caring, honesty, respect, and responsibility, and providing for lifelong personal growth and the development of a healthy spirit, mind, and body for all.



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

VALPARAISO FAMILY YMCA • 1201 Cumberland Crossing Drive, Valparaiso, IN 46383 • 219 462 4185 • FAX 219 477 4720 • www.valpoyymca.org

### **Weather-**

The YMCA will make all decisions regarding the cancellation of practices and games. If practice or game is cancelled by the Y, you will receive a phone call from your coach. If you do not receive a call from the coach, the practice or game will run as scheduled, it is then your decision whether to attend. Please let the coach know if you will not be in attendance.

### **Cancellations-**

If weather or any other circumstance out of YMCA control cancels a game we will make it up by adding one week to the end of our season. If it is a practice that is cancelled due to weather, no make-ups will be done.

### **Skills Test-**

A skills test will be held January 7<sup>th</sup> for grades 1-6 in the gym at the YMCA. This is not mandatory, but it is recommended to create balanced teams and fair play.

Grade	Last Name	Time of Skills Test
1 <sup>st</sup> and 2 <sup>nd</sup>	A-H	12:30PM
	I-R	1:00PM
	S-Z	1:30PM
3 <sup>rd</sup> and 4 <sup>th</sup>	A-L	2:00PM
	M-Z	2:30PM
5 <sup>th</sup> and 6 <sup>th</sup>	A-L	3:00PM
	M-Z	3:30PM

### **Coaches-**

Please remember that all coaches are volunteers helping to coach the children of our community. If you have any problems, please contact the Sports Director at 462-4185 x235.

**\*\*THE YMCA BASKETBALL LEAGUE IS AN INSTRUCTIONAL LEAGUE FOCUSED ON TEACHING THE YOUTH FUNDAMENTAL SPORTS SKILLS SUCH AS SPORTSMANSHIP, AND TEAMWORK, AS WELL AS DEVELOPING A POSITIVE ATTITUDE. PLEASE DO NOT KEEP SCORE DURING THE GAMES, WE WANT ALL KIDS TO HAVE FUN AND NOT WORRY ABOUT WINNING OR LOSING. \*\***

**NO DRINKS ARE ALLOWED IN THE YMCA GYM**

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