

# Aquatics News



## Valpo Triathlon Rogers-Lakewood Park Saturday, July 17, 2010

Sponsored by the Valparaiso Department of Parks and Recreation, USA Triathlon, Fit City Valparaiso, and your Valparaiso Family YMCA. Registration applications are available in the Lobby - registration deadline is July 13, 2010. Watch our Lifeguards in action as they provide their services during the swimming portion of the triathlon!



## A Message to all Lap Pool Users...

In an effort to ensure a positive experience for all of our patrons, we ask that all pool users share available lanes. You may split the lane if there are only two users; however, if a third (or more) wishes to join you, circle swim will be required (just swim on the right side of the lane—like driving a car—whether swimming toward the deep end or back toward the shallow end). Be sure to check the pool schedule for lane availability.



## CALENDAR REMINDERS

- The YMCA will be closed on Sunday, July 4 to observe Independence Day. We will be open as usual on Saturday, July 3, and again on Monday, July 5.
- The next 5-week session of swim lessons and water fitness programs begins on July 12. Registration for YMCA members begins on Monday, July 5. Registration for Community begins on Thursday, July 8. All registration for swim lessons ends on Saturday, July 10.
- The YMCA will close at noon on Saturday, August 14 to perform deep cleaning and maintenance projects. We will reopen at 5:00 AM on Monday, August 23. Information regarding use of other area YMCAs is available in the lobby.



YMCA

We build strong kids,  
strong families, strong communities.

## A REMINDER REGARDING WEATHER-RELATED CLOSURES

Your safety is our primary objective, and as such, it is our policy that when thunder and lightning occurs, we will clear and close the Aquatics area, including the Lap Pool, the Leisure Pool, the Steam Room, the Whirlpool, the Sauna, and all surrounding deck areas. These areas will re-open 30 minutes after the last lightning is seen or thunder is heard - this means if there is lightning or thunder after 27 minutes of suspended activity, the 30-minute clock starts all over again.

During inclement weather, when there is the possibility of lightning in the area, we recommend you contact the YMCA before leaving home to confirm the possibility of a weather-related pool closure.



## ATTENTION PARENTS & GUARDIANS... FOR THE SAFETY OF YOUR CHILD:

**Only US Coast Guard approved, or YMCA-provided child floatation belts are allowed. Parent/adult guardian MUST remain within an arms' length of any child using approved floatation, and MUST remain in the shallow area of the pool.**

**The adult water jogging belts (available on the Lap Pool deck) are NOT to be used on children.**

**Thank you for your cooperation. Please direct any questions to the Aquatics Office.**

### Kids Corner

Did you know you too can be a hero? Ask an adult to show you how to dial 9-1-1 on the telephone. That is the most important telephone number you will ever need to know in case of an emergency!