

Canning & Freezing Workshop



Tuesday March 16th

6:00-8:00pm

Community Room

Free to Members and Community

Find out how easy it is to preserve your own food. Nancy has 22 years of experience in canning and freezing and will help you get started doing it for yourself and your family.

- * Learn where you can bargain shop for your supplies.
- * Get rid of preservatives in the food you eat.
- * Eliminate fast food buying and get your fast food from your jars.
- * Meal plan around your garden.
- * Learn how to create fewer trips to the grocery.

