

Valparaiso Family
YMCA

**REGISTRATION BEGINS
MONDAY, JANUARY 4, 2010
PICK UP PACKETS AT THE
WELLNESS DESK!**

It's back!! Our annual...

SPIN-A-THON

**Join us for a fundraiser benefiting the
Valparaiso Family YMCA
Wellness Department!**

**Saturday, February 20th, 2010
8:00-11:00 A.M.**

Located in Studio D at YMCA

SOME INFORMATION...

- **Join a team or go it alone!**
- **A maximum of 4 people per team!**
- **Pledges totaling a minimum of \$200.00 per bike is required.**
- **SIGN UP TODAY! BIKES ARE LIMITED!**

**CONTACT KARI BUKUR
462-4185, EXT. 237
FOR MORE INFO!**

**THE INDIVIDUAL WHO GETS THE MOST
PLEDGES WINS A FREE SPIN BIKE!!!**