



Lap Pool Summer 2019

Effective June 3 through
August 11, 2019

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-5:30 Lap Swim - 6 lanes	5:00-9:00 Lap Swim - 6 lanes	5:00-5:30 Lap Swim - 6 lanes	5:00-9:00 Lap Swim - 6 lanes	5:00-5:30 Lap Swim - 6 lanes	7:00-8:30 Masters - 3 lanes Lap Swim - 3 lanes	
5:30-6:30 Masters - 4 lanes ONLY 2 LAP LANES		5:30-6:30 Masters - 4 lanes ONLY 2 LAP LANES		5:30-6:30 Masters - 4 lanes ONLY 2 LAP LANES		
6:30-9:00 Lap Swim - 6 lanes		6:30-9:00 Lap Swim - 6 lanes		6:30-9:00 Lap Swim - 6 lanes		
9:00-10:00 Active Fitness NO LAP LANES	9:00-10:00 DeepWater - 3 lanes Lap Swim - 3 lanes	9:00-10:00 Active Fitness NO LAP LANES	9:00-10:00 DeepWater - 3 lanes Lap Swim - 3 lanes	9:00-10:00 Active Fitness NO LAP LANES	8:30-9:20 Lap Swim - 6 lanes	
10:10-10:55 2 Wk lessons 2 lanes Lap Swim - 4 lanes	10:10-10:55 2 Wk lessons - 2 lanes Lap Swim - 4 lanes	10:10-10:55 2 Wk lessons 2 lanes Lap Swim - 4 lanes	10:10-10:55 2 Wk lessons 2 lanes Lap Swim - 4 lanes	10:10-10:55 2 Wk lessons 2 lanes Lap Swim - 4 lanes	9:20-10:55 Lessons - 4 lanes ONLY 2 LAP LANES	
10:55-12:10 Lap Swim - 4 lanes 11:00-12:00 Deep Water Run - 2 lanes	10:55-12:10 Lap Swim - 6 lanes	10:55-12:10 Lap Swim - 6 lanes	10:55-12:10 Lap Swim - 6 lanes	10:55-12:10 Lap Swim - 6 lanes		
12:10-2:00 2 Wk & Camp Lessons - 3 lanes Lap Swim & PT - 3 lanes	12:10-2:00 2 Wk & Camp Lessons - 3 lanes Lap Swim - 3 lanes	12:10-2:00 2 Wk & Camp Lessons - 3 lanes Lap Swim & PT - 3 lanes	12:10-2:00 2 Wk & Camp Lessons - 3 lanes Lap Swim - 3 lanes	12:10-12:55 2 Wk lessons - 2 lanes Lap Swim & PT - 4 lanes	11:00-11:45 Lessons - 2 lanes Lap Swim - 4 lanes	11:00-5:30 Lap Swim - 6 lanes
2:00-5:00 Lap Swim - 6 lanes	2:00-5:00 Lap Swim - 6 lanes	2:00-5:00 Lap Swim - 6 lanes	2:00-5:00 Lap Swim - 6 lanes	1:00-1:45 2 Wk lessons - 2 lanes Lap Swim & PT - 4 lanes	11:45-5:30 Lap Swim - 6 lanes	
				1:45-4:15 Lap Swim & PT - 6 lanes		
5:00-5:45 Lessons - 3 lanes Lap Swim - 3 lanes	5:00-5:45 Lessons - 3 lanes Lap Swim - 3 lanes	5:00-5:45 Lessons - 3 lanes Lap Swim - 3 lanes	5:00-5:45 Lessons - 3 lanes Lap Swim - 3 lanes	4:15-5:00 Deep Water Run - 3 lanes Lap Swim - 3 lanes		
5:45-6:30 2 Wk lessons - 4 lanes ONLY 2 LAP LANES	5:50-6:35 2 Wk lessons - 2 lanes Lap Swim - 4 lanes	5:45-6:30 2 Wk lessons - 4 lanes ONLY 2 LAP LANES	5:50-6:35 2 Wk lessons - 2 lanes Lap Swim - 4 lanes	5:00-6:30 Lap Swim - 6 lanes		
6:35-7:30 Masters - 3 lanes Lap Swim - 3 lanes	6:35-7:20 Adult Basics - 1 lane Lap Swim - 5 lanes	6:30-7:30 Masters - 3 lanes Lap Swim - 3 lanes	6:35-7:20 Adult Strokes - 1 lane Lap Swim - 5 lanes	6:30-7:30 Master - 3 lanes Lap Swim - 3 lanes		
7:30-9:30 Lap Swim - 6 lanes	7:20-9:30 Lap Swim - 6 lanes	7:30-9:30 Lap Swim - 6 lanes	7:20-9:30 Lap Swim - 6 lanes	7:30-9:30 Lap Swim - 6 lanes		

Helpful Things To Know

- Swimmers should ALWAYS share available lap lanes - circle swimming during peak pool usage times.
- When entering a lane that already has someone in it, please make sure the swimmer knows you are joining them prior to starting your lap swim to ensure each other's safety.
- Please limit swim time when others are waiting.



Leisure Pool Summer 2019

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(Subject to change without notice)

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Indicates water features in use - a Swim Test is required for anyone to use the Slide.

SPLASH PAD IS ONLY AVAILABLE DURING OPEN and LIMITED OPEN SWIM TIMES.

- Children under 10 - parent/adult guardian should remain in pool area at all times.
- Children under 10 - are automatically designated a non-swimmer unless they can pass the swim test.
- Non-swimmers are restricted to the shallow end and must be actively supervised and within arms' reach of a parent or adult guardian at all times.
- Except for program participants, the Splash Pad is only available during Open Swim times. Parent/adult guardian should remain within arms' length of children using Splash Pad.
- Only US Coast Guard floatation should be used and are available on the pool deck.
- PT = Physical Therapy, which is by appointment only; please be respectful of special needs and space.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:45-9:30 Aqua & PT 9:10-9:40 Lessons	8:45-9:30 WET 9:05-9:35 Lessons	8:45-9:30 Aqua & PT 9:10-9:40 Lessons	8:45-9:30 WET 9:05-9:35 Lessons	8:45-9:30 Aqua & PT		
9:30-10:15 WET & PT 9:45-10:15 Lessons	9:30-10:15 Aqua Arthritis 9:40-10:10 Lessons	9:30-10:15 WET & PT 9:45-10:15 Lessons	9:30-10:15 Aqua Arthritis 9:40-10:10 Lessons	9:30-10:15 WET & PT	9:00-11:50 Lessons	
10:15-11:00 Aqua Arthritis & PT	10:15-10:45 Y Childcare Lesson & Lessons	10:15-11:00 Aqua Arthritis & PT	10:15-10:45 Lessons	10:15-11:00 Aqua Arthritis & PT		
11:00-11:30 Y Childcare Lesson, Lessons & PT 11:35-12:05 Lessons & PT	10:50-12:05 Lessons	11:00-11:30 Y Childcare Lesson, Lessons & PT 11:35-12:05 Lessons & PT	10:50-12:05 Y Childcare & Lessons	11:00-11:30 Y Childcare, Lessons & PT 11:35-12:05 Lessons & PT		11:00-12:00 Lessons
12:05-2:10 LIMITED OPEN SWIM 12:05-2:05 SAD 1	12:05-3:30 LIMITED OPEN SWIM 12:05-2:00 Camp Little Bear	12:05-2:10 LIMITED OPEN SWIM 12:05-2:05 SAD 2	12:05-3:30 LIMITED OPEN SWIM 12:05-2:00 Camp Little Bear	12:05-2:10 LIMITED OPEN SWIM 1:15-1:45 Y Childcare	12:00-5:30 OPEN SWIM 	1:00-3:00 OPEN SWIM
2:15-3:00 SilverSplash & PT		2:15-3:00 SilverSplash & PT		2:15-3:00 SilverSplash & PT		
POOL CLOSED	3:30-4:15 Silver Splash	POOL CLOSED	3:30-4:15 Silver Splash	POOL CLOSED		3:00-5:00 OPEN SWIM
3:45-5:30 Lessons	4:00-5:30 Lessons	4:25-5:30 Lessons	4:25-5:30 Lessons	3:30-6:00 OPEN SWIM		
5:30-6:30 LIMITED OPEN SWIM 5:35-6:20 Aqua Zumba	5:30-6:00 Lessons & Can Do Kids	5:30-6:30 LIMITED OPEN SWIM 5:35-6:20 Aqua Zumba	5:30-6:00 Lessons & Can Do Kids	6:00-8:30 OPEN SWIM 		
6:00-8:30 OPEN SWIM 	6:00-8:30 OPEN SWIM	6:00-8:30 OPEN SWIM 	6:00-8:30 OPEN SWIM			