



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2023 YOUTH VOLLEYBALL LEAGUE

MARCH 20 - MAY 20

Overview

Volleyball has been a tradition of the YMCA since it was created by William G. Morgan in 1895. At the Valparaiso Family YMCA we embrace our history and are proud to offer Youth Volleyball to children in 1st Grade up to 8th Grade.

We believe that Youth Sports should be used to develop a child's character while also giving them an opportunity to be active and enjoy being introduced to a new sport. For more experienced players we still believe in giving all children the opportunity to succeed and always place the emphasis on providing a fun environment for your kids.

Divisions (Co-ed)

1st & 2nd Grade

3rd & 4th Grade

5th & 6th Grade

7th, 8th, 9th Grade

Practices

- ◆ Practices will begin the week of March 20
- ◆ There will be no practices or games for spring break March 26–April 1
- ◆ Your child will practice only once per week, on either Monday, Tuesday, Wednesday or Thursday.
- ◆ All practices are scheduled to be at Bridgepoint Church (Old YMCA) downtown Valpo

Games

- ◆ All games are at the Valpo YMCA on the dates of 4/15, 4/22, 4/29, 5/6, 5/13, 5/20
- ◆ A total of 6 games will be played (for each team)

VALPARAISO FAMILY YMCA

1201 Cumberland Crossing Drive, Valparaiso Indiana 46383

P 219 462 4185 F 219 477 4720 www.valpoyymca.org



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Equipment

- ◆ Players will use the YMCA All-sport Jersey.
- ◆ Although not required, the use of knee pads or elbow pads is allowed and encouraged.
- ◆ Players must wear tennis shoes, no open toed sandals or shoes are allowed for practices or games.

Coaches

Volunteer coaches are needed to ensure the effectiveness of the program. Volunteer coaches will be responsible for practices and game days.

Coaches Meeting

Tuesday, March 14, 2023

5:30PM

Requests

Specific requests cannot be guaranteed. For any questions please contact the Sports Coordinator, Kevin Freyenberger, at (219) 462-4185 extension 239 or kfreyenberger@valpoyymca.org

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