

THE MISSION of the VALPARAISO FAMILY YMCA

is to be a charitable non-profit organization that improves the quality of life in our communities through programs and services that strengthen the spirit, mind, and body for all.

OUR VALUES

Caring, Honesty, Respect, Responsibility

2024 BOARD OF DIRECTORS

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Director of Marketing & Membership



LETTER FROM THE CVO

Dear Valued Members,

As we close another remarkable year at the YMCA, I want to extend my deepest gratitude to each of you. Your ongoing support, participation, and belief in our mission continue to drive everything we do.

This past year has been one of growth, resilience, and community. Together, we've expanded our programs to reach more youth, families, and seniors than ever. Whether through swim lessons, health and wellness classes, after school programs, or community outreach, the Y has remained a place where all can belong and thrive.

Thanks to your generosity and support, we were able to:

- Provide financial assistance to hundreds of families in need, ensuring no one is turned away due to their inability to pay.
- Launch new wellness workshops for teens and adults.
- Maximize the attendance at our cooking classes.
- Improve and renovate key facilities to create safer, more inclusive spaces.
- Deepen partnerships with local schools, hospitals, and food banks to address pressing community needs.

Yet beyond the numbers, what inspires me most is the spirit I see in our Y every day: the volunteer who shows up early to coach youth basketball, the senior who finds new energy in our water aerobics class, the child who learns to swim for the first time, and the parent who finds peace of mind knowing their child is in a safe, nurturing environment.

As we look ahead, we're focused on innovation, equity, and sustainability. We are exploring new ways to support families, enhance our wellness offerings, and ensure that the Y remains a cornerstone of strength for our entire community.

On behalf of our staff, board, and volunteers, thank you for walking alongside us, believing in the Y, and being part of this community. We are honored to serve you and excited for what we'll continue building together.

Wishing you a healthy, joyful, and connected year ahead.



JIM MOONEY



SHARON JOHNSON
President & CEO



WE DEVELOP

We believe that all kids deserve the support, quidance, and encouragement to discover who they are and what they can achieve.

That's why the Y provides opportunities for thousands of youth to cultivate the values, skills, and relationships that lead to positive behaviors, better health, and educational achievement.



LITTLE ANGELS LEARNING CENTER PRESCHOOL





4,273

children and teens developed selfconfidence, learned respect and teamwork, and stayed active in youth sports and swim lessons

256

youth had the "best summer ever" through our Summer Camp, exploring the world through field trips, friendship, and art





128

preschoolers developed the early childhood education skills to set the path for success in school and life

WE SHAPE

The Y is a leading voice on health and well-being. With a mission centered on balance, the Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests.

As a result, thousands of Porter County youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for their spirit, mind, and body.





262

adults gained strength and support to survive cancer and Parkinson's Disease

STAYSTRONG & 31 ROCK STEADY BOXING 231



94,458

wellness class participants stayed physically active and made connections





17,947

active members were able to learn, grow and thrive at the Y

WESTRENGTHEN

We know that when we work together, we move individuals, families, and communities forward. The Y responds to society's most pressing needs by developing innovative, community-based solutions to help those in need to reach their full potential.

We are also committed to inspiring a spirit of service by uniting individuals from all walks of life to participate in and work for positive social change.





475

individuals certified with life-saving skills

\$15,000

in scholarships awarded to high school seniors









10,744

hours of time donated to serving our community

WELEAD

Volunteering at the Y is all about helping people help each other to learn, grow and thrive. When you step inside the Y, you open the door to countless ways to be active and involved. And your gift of time and talent can have a lifelong impact on yourself and your community.



VOLUNTEER COACHES EMPOWER AND DEVELOP YOUNG ATHLETES IN OUR YOUTH SPORTS PROGRAMS

CHANGEMAKER AWARDEFS

Our annual Changemaker award honors individuals who live the mission of the Y, who tirelessly work to create opportunity for all, and who believe in the personal power to make change. The Valparaiso Family YMCA annually honors Changemakers who lend their skills and talents for the betterment of our Y and the Valparaiso community.

CECE **AROCHO**





ANNMARIE **SEVERSON**

CELEBRATING OUR STAFF MILESTONE ANNIVERSARIES

We celebrate our staff, recognizing milestone anniversaries in 2024, representing 200 total years of service. In 2024, the Y supported the Porter County economy by employing 307 staff.



30 YEARS

NANCY KOEPKE Wellness **ELAINE CAPORALE** Wellness

25 YEARS

ROBIN KABELIS-NELSON Membership **JULIE POLIZOTTO** Wellness

15 YEARS

CATHY GREENAWALD Wellness JOY BROWN Wellness MELANIE HOFFMAN Childcare **JOYCE ROBINSON** Wellness

5 YEARS

STEPHANIE CRAGUE Childcare **CATHERINE HERRING** Childcare **JAZZLYNN BAINES-EVANS** Wellness **DEBORAH BACHAN** Membership **MELISSA KONTOL** Wellness **ROSA HAYNES** Wellness

GROWING TOGETHER

HOW WAS 2024 FINANCIAL ASSISTANCE DISTRIBUTED?

Ensuring Access. Empowering Lives.

At the Valparaiso Family YMCA, we believe that everyone deserves the opportunity to grow stronger – in spirit, mind and body. In 2024, thanks to the generosity of our donors and community partners, we awarded \$471,094 in financial assistance to ensure that children, families and individuals could participate in Y programs, regardless of their financial circumstances.

Whether it was a child learning to swim, a parent affording quality preschool, or an active older adult finding wellness and friendship through fitness, your support made these moments possible.

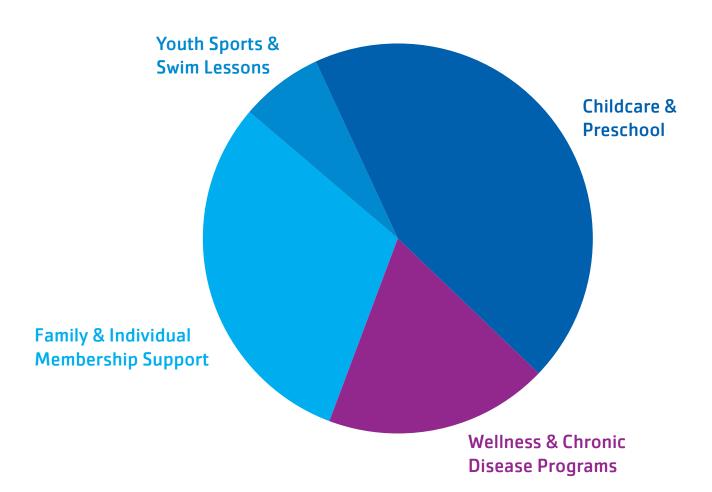
This snapshot illustrates how this funding was distributed – reflecting our deep commitment to equity, inclusion and community wellbeing.

ANNUAL CAMPAIGN

The Valparaiso Family YMCA is grateful for the widespread community support for our 2024 Annual Campaign. Themed "Find Your Y," the campaign was focused on bridging the opportunity gap, connecting community, and cultivating healthy equity in order to help those most in need in our community.



2024 FINANCIAL ASSISTANCE DISTRIBUTION



OUR MISSION IN MOTION



YBASH February 24, 2024



LENTEN LUNCH March 19, 2024



RINGING IN SPRING April 6, 2024



May 21, 2024



GRADUATION May 21, 2024



SUMMER CAMP June - August 2024



SENIOR RESOURCE DAY September 12, 2024



GOLF OUTING July 17, 2024



SUPPER WITH SANTA December 1, 2024

VALPARAISO FAMILY YMCA FOUNDATION

The Valparaiso Family YMCA Foundation exists to ensure that the Y's mission endures—not just for today, but forever. Through sound stewardship, community support, and long-term vision, the Foundation strengthens the financial sustainability of the Valparaiso Family YMCA so we can continue to serve every child, adult, senior, and family who walks through our doors.

2024 FOUNDATION BOARD OF DIRECTORS

BRIAN LACIAK Chair/President

JOHN SCHOENING Vice Chair/Vice President

GEORGE CARBERRY

DR. JOHN FELTON

JENNIE GIRTON

JIM MOONEY

PHROSINI SAMIS-SMITH

ANNMARIE SEVERSON

Valparaiso YMCA Foundation	Full Year 2024
Beginning Value	\$1,972,152
Contributions	\$9,035
Dividends & Interest	\$90,662
Market Appreciation/(Depreciation)	\$85,854
Withdrawals from Account	\$(54,425)
Other Income or Expense	\$(1,050)
Ending Value	\$2,102,228
Change in Value	\$130,076
Porter County Community Foundati	on
Beginning Value	\$363,833
Contributions	\$30,147
Annual Growth	\$13,473
Withdrawals (Grants)	\$(15,000)
Year End Value	\$392,453

INVESTING IN FUTURE LEADERS

In 2024, the Y awarded five local high school seniors with college scholarships—supporting their academic journeys and reinforcing our belief in their potential.

TYLER EDWARDS



PRESTON HUGHES



BRODY NELSON



JESSI NANCE



ALEJANDRA SIERAZY



A LEGACY OF GIVING WITHOUTEND

Members of the Infinity Circle have made a lasting commitment to the future of the Valparaiso Family YMCA through planned or estate gifts. Their generosity provides stability, security, and opportunity—ensuring that the Y continues to meet the evolving needs of our community for generations to come.

BY JOINING THE INFINITY CIRCLE, DONORS:

- Leave a legacy that reflects their values and vision
- Support long-term access to wellness, learning, and connection for all
- Help build an endowment that sustains our mission in perpetuity

We are deeply grateful to those who have made this enduring commitment to our mission. Their foresight ensures that the Y will always be a place of belonging, resilience, and hope.



INFINITY CIRCLE DINNER November 7, 2024

"We joined the Infinity Circle because the Y has given so much to our family. We want it to be here for others, long after we're gone."

— Infinity Circle Member

INFINITY CIRCLE MEMBERS

Bill and Debi Anderson John Barile* Bruce and Linda Berner **Donald Bivens*** Ashley Carole Burbee* Peter and Rosann Candela Richard and Kathleen Carlson Karl and Wilma* Cender James and Oleta Chester Rolando and Diane Chilian Troy and Monica Clark Ray and Lila Cohen* **Suman Das** Thelma Dickev* Ray Dirindin* J. Andrew and Abigail Dorgan Margaret Duffin Ron and Marcia Eaton Robert* and Doris Eckert Gordon Etzler The Todd Etzler Family Dr. John and Cynthia Felton **Jeffrey and Lauren Fernandez** Susan and Jon Fraley Damien and Rita Gabis Glenn and Alice Gambel

Charles and Barbara Geiss

Ralph and Cathy Greenawald Duane and Christine Hamacher Robert and Kathleen Hamernick Mae Ann Henderson Frederick and Julia Hess Marjorie Hess* Dana Hice John and Patricia Hinkey Adam* and Sarah Holterhoff Peter and Jelaine Horton James and Sharon Hubbard Michael and Lynn Jankowske John A. Johnson Lance and Sharon Johnson Mike and Ann Jones Robert Junceau **David and Teresa Karp** Dan Kattalia Tom and Karen Kennedy Dr. Daniel and Sonia Kim Brad and Deb Koeppen **Todd and Cheryl Leeth** Irene Malasto* Dr. Larwrence and Patty McAfee James* and Johanna McGill Michael and Deborah Miller Douglas and Kimberly Mogck

Lori Nicklas Dimitri and Crystal Olympidis William* and Barbara Pauley Julie Polizotto **Porter County Community Foundation Dennis and Carol Richardson** Dr. Jerry and Linda Rodenbarger **Faye Sawyier** John and Connie Schoening John* and Beverly Shroat Scott and Lanie Steinwart Jacki Stutzman Glenn and Patricia Tabor **Teachers Credit Union** Richard and Debera Thompson Rob and Natalie Thorgren **Donald Turner*** Joseph and Victoria Ubben Richard and Karen Vogelsang Paul and Candace Von Tobel Robert and Lisa Wanek Wayne and Beth Welter **Deborah Winter** John Wolf* Charles* and Marian Worden

*deceased

JOIN THE INFINITY CIRCLE

Create a legacy that lasts. By making a planned or estate gift to the Valparaiso Family YMCA Foundation, you become part of a community of forward-thinking donors who believe in strengthening our community—for good.

Your gift will be invested with care and purpose to ensure the Y continues to be a beacon of hope, health, and opportunity.

To learn more about joining the Infinity Circle, please contact:

Wende Burbridge, CFRE

Director of Development wburbridge@valpoymca.org | 219-462-4185 ext 351

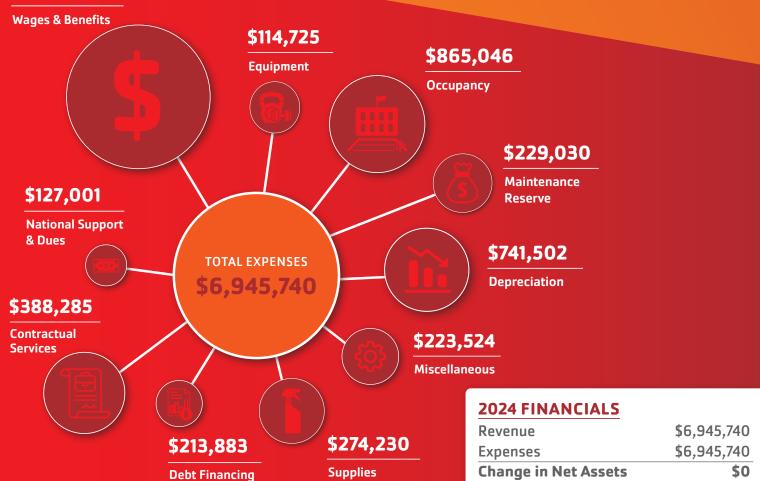
FINANCIALS 2024



Investments &

Other Income





LEADERS IN PHILANTHROPY

Our donors know more than anyone that the YMCA is more than a "gym and swim." We're a nonprofit charitable services organization committed to serving our community through youth development, healthy living, and social responsibility.

Mollie Abouzedan Bill and Debi Anderson Barbara A. Smith **Eve Adams Brandon Adkins** Walter Ailes Jillian Allen **David Alt**

Kevin and Joni Mulroe

Barth Anderson

Peter and Stephanie Anderson

Sarah Anderson Shannon Anderson **Phineas Andrews** Mary Ann Sheller **Anonymous** Kent Armstrong Jessica Arredondo

Joseph Arulandu Wilma Ault Barbara Bakos Marc Barnett Chris Bazin Laura Baudler Georgeann Belen William Berger

Barbara Bernardi Bruce and Linda Berner

Ruth Betterman Penny Bigger Joel Birky Johnny Black **Constance Blough**

Kimberly Bohn Joan Bondi

Jacquelene Bovy **James Bovy**

Evan Brogan **Anita Brower**

Joy Brown

Margaret Brown

Warren and Patricia Buckler

Jeanne Bugyis

Ronald and Sue Burbee

Wende Burbridge

Sarah Burke

The Burzin Family **Lindsay Butkus**

Katarina Byrne **Brittany Cady**

Elaine Caporale

Lindsey Casaday Ruth Cavanaugh Karl Cender

Derek and Amy Cheuk Rolando and Diane Chilian

Jim and Shannon Clarida Kyle and Maggie Clifton Dean and Maggie Cobble

Angela Colby Zane Cole

Maureen Coleman

Erin Collins Rehecca Collins Hope Cook

Robert and Sandy Coolman

Shelby Cosgrove Penni Costalunga

Joan Cox Neena Coy Patricia Crise Jose Cuellar

Tasheena Cunningham-Rimmer

Katalina Cyprian William D. Sheets Elizabeth DeGenzo Paul and Maggie Diaz

Ruth Dickey Rolando Dirindin Nicole Doelling

Carol Douglas Herbert Douglas Erik Dowell Jessica Dowell Mitchell Edwards Salena Elish Marilyn Ellis

William Ellis **Christy Elzbieciak Christopher Emerick**

Judith Engle

Elaine Espie Memorial Youth Fund

Todd Etzler Amanda Faher

Dr. John and Cynthia Felton

Stephanie Ferguson Melissa Fisher Brandi Foreman Raven Foreman Claudia Miller Forrest

Samuel Fox **Lindsey France**

Kevin Freyenberger Allan and Kim Gabriele

Garland Gaines Susan Garland Kurt and Julie Gaskell Richard Gass

Charles and Barbara Geiss





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Sara Gross Kathy Groth Dr. Juliana Grove **Nichole Haines** Cindy Hallow

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Mae Ann Henderson

Linda Henson

Jennifer Hernandez-McDuell Frederick and Julia Hess

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William and Karen Higbie

Martha Highland

John and Patricia Hinkey

Melanie Hoffman

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Kathy Ireland Matthew Isley Mary J. Bole Robyn Jakubowski

Charles Jenson Amy Johnson Jessica Johnson

Lance and Sharon Johnson

Michael Jones Katie Joseforsky Renu Juneja

Daniel and Faye Kachur

Jerry Kahrs Ekaterina Kashani Krvstal Kaszuk Daniel Kattalia **Gurpreet Kaur** Casey Kegley Dorothy Kehe

Diane Kepa Paige Ketner Jill Kilhefner Andrew Kingery

Kevin and Nancy Kirchoff Paul and Connie Knauff

Nancy Koepke Nicole Kollasch **Shelley Koltnow** Kent Kolze Kylie Komenda Alyse Kominakis

Christine Koprowski

Tvler Kozma **Greta Kramer** Deb Kucharyski Shelby Kucharyski Darla Kupsis Sara Kupsis **Gregory Kurtz**

Mary L. Greenawald Jerry L. Sergeant Chloe Lahre Peggy LaLonde Karen Land

Nicholas and Susannah Larson

Amy Lavalley Susan Lawler Vince Lazar Julie LeBeau Ellie Lee

Bernice and Greggory Leech

Cheryl Leeth Kristine Leetz Barbara Lieske Allen Long Kevin Loughery Amy Lowalby Patricia Luekens Martha Luke

Kathy Lundstrom
John Maclennan
Bethany Mahoney
Allison Malinovic
Christopher Manhart
JoAnne Mann-Krause
Remedios Markovich
Tayler Marshall

Tayler Marshall
Sara Masloroff
Richard Master
Raquel McCafferty
Cathy McClelland
Tracey McElree
Marilyn McGawn
Kathy McKinney
Carmin Metzger
Ashley Miles
Brooke Miller

Kurt and Kimberly Minko

Ana Mircevska Krista Molina Jim Mooney/DeSCo

Danielle Miller

Kay Morris Lauren Mullin Teresa Mullins Cathy Murphy Teresa Mysilwiec Mary Newlin Alissa Newman Hope Niemeyer Martin Nolan

Gene and Debra Novello

Paul Nowak Katy Oates

William and Catherine Oates

Louise O'Boyle Charles Oiesen Elizabeth P. Watkins

Rena Pall

Brittany Pankiewicz

Kelly Pasnik

Robert and Yolanda Pasquella

Sunny Pelehrinis Linda Perry Mary Persyn

David and Merrie Peterson

Donald Pettit
Cynthia Petty
Theodore Pigott
Stephanie Pinkey
Lauren Platt
John Poertner
Julie Polizotto
Dwayne Preisser
Amy Putnam
Amy R. Wheeler

Alondra Ramos

Shelly Recker Jacob Reed Stephanie Reeder Brenna Res Kathy Reynolds

David and Terra Reynolds

Martin Reynoso Mary Richmond Connor Ritzi

Dr. Jerry and Linda Rodenbarger

Daniel Ruggaber Reese Ryzewski Lynnsi Sandonato David Sandoval Shubhanshu Saxena William Scheiderich Jon and Jennifer Schmaltz

Kyle Schmidt Alex Schoenfelt

John and Connie Schoening

Rosalie Sears

Mitchell and Laurie Serber

Audrey Sheehan Lisa Shepley Katie Shideler Tammy Shideler Nichole Shinebayar Phyllis Simpson Janice Skok



Jill Smith Rachel Smith Susan Spencer Karen Spoor Carol Stalker Raquel Statzer William Steinbrecher **Scott and Lanie Steinwart** Michael Stepan Michael Stephens Vicky Stevers Silviya Stout Kimberly Straw Kimberly Swisher Crystal Tamowski Michael Telesky **Dane Thomas** Richard Thompson Pamela Tincher **Courtney Trevino** Madonna Tritle

Vicki Turek

Edward and Marilynn Uehling Angela Vagner Linda Van Dyke Janice VanBenthyusen PaulVon Tobel III Michael W. Becker Jake and Becky Wagner Julie Wappel Laura Wasemann Vicki Wasemann **Eric Wennerstrom** Jov Wetzel Margie Wickert Ashayla Wilcher Katherine C. Wilcoxson Neal Wilhelm **Angie Wingett** Deb Wisniewski

In Memory of Charles Worden

Terrence Worthington Ryan Wright Akisa Yaros Michael Yohe Tiffany Zachary Anna Zervos Maryann Ziencina Phil and Jan Zoladz Holly Zorick **Dennis Zygmunt** Krysta Zielinski





Ahlam Wolf

Diane Woolever Russell Wooten

BETTER TOGETHER

We are better together serving our members' healthcare and wellness needs.

Powers Health and the Valparaiso Family YMCA are committed to working together to provide a wide variety of healthcare services, programs and information for Valparaiso residents and Y members. Our healthcare partnership is focused on a holistic-health approach to living well. In this fast-paced world, it's more important than ever for us to focus on what matters most – delivering support in fitness and health to help you and your family live well.



COOKING CLASSES



HEALTHY FAMILY DAY

THANK YOU TO THE GENEROUS SUPPORT OF OUR COMMUNITY SPONSORS

1st Source Bank
21 North Eyecare
Albanese Candy
Alderson Photography
Allegiant Fire Protection
Anderson Foundation
Associated Pediatricians

Aurelio's Pizza

Avalon Springs Health Campus Back In Motion Sport and Spine

Beef Mart Benevity

Better Homes and Gardens Connections
Binary Star Arts & Entertainment

Blackbaud Giving Fund

Brilliant Results Cleaning Service

BUILT Physical Therapy and Performance

Burke Costanza & Carberry

Centier Bank Chicago Cubs Chicago Fire Soccer Chicago White Sox

Cintas

CLH, CPAs and Consultants

Cooper's Hawk

Costas Family Restaurant Group

Crumbl Cookie Crusader Homes

Dawn Collins Executive Realty @properties

Day Dreams & Ice Cream, Inc. Delta Theta Tau Sorority

DeSCo

Destination DeLaine Douglas Concessions Duneland Distillery E & A Jewelry Eagle Services Earthwise, Inc. Edible Arrangements El Gringo Loco, LLC

Elaine Espie Memorial Fund for Youth Ethos Insurance and Risk Management

Everwise credit Union Evexia Salt Cave & Spa Extra Mile Fitness Co., LLC

Family Express

Family Foot and Ankle Clinic First Merchants Bank

Flanagin's Bulk Mail Service

Fluid Coffee

Four Corners Winery

Fraternal Order of Eagles Aerie #2517

G.W. Berkheimer Co. Gary Railcats

Geitonia Greek Grill, LLC Gelsosomo's Pizza Gnome & Clayture Pottery Heart to Heart Hospice Heat Wagon, Inc.

Hoeppner, Wagner & Evans

Hometown Jams
Hoosier Windows
Horizon Bank
Hot Shop
IBEW Local 531
Indiana Beverage
Indiana University
Indianapolis Colts

iSmile Orthodontics Jak's Warehouse Johnson Health Journeyman

Kappa, Kappa, Kappa Kentucky Derby

Kiwanis Club of Valparaiso

Lake Cable

Larson Danielson Construction

Level 1 Kitchen & Bath

Lincoln Flats

Log Cabin Productions

Luke Brands Maple & Bacon

Mayflower Cruises & Tours

McGowan and Sons

McGowan Insurance Group LLC

Mediterina Meijer

Memorial Opera House Moco Sports Cards Newton & Associates

NIPSCO

NorthShore Health Centers Nothing Bundt Cake Orchestrated Events Papa Farm Pizza Paquitos Taquitos LLC

Parlor Donuts
Patton Law, LLC

Paycom Payroll, LLC - Operating PCCF Endowment Fund Distributions

Peoples Bank

Phillip's Ace Hardware Pop-2-it Kettle Corn

Porter County Health Department
Porter County Sheriff's Dept
Powder Processing and Tech.

Power America Powers Health

Powersource Transportation

Pratt Industries
Prime IV Hydration

Puntillo & Crane Orthodontics

Purdue University

Radius Roots Café Salon Diva Serenity Spa Shive Hattery, Inc. Simko Signs South Bend Cubs Sylvan Learning Center

Team Chevy Tech Credit Union The Beauty Mark The Great Frame Up

The Oasis Club of St. Paul's Church

The Purple Guys

Thorgren Tool & Molding Co., Inc.

Thrivent Tommy B's UFS

United Way of Greater Cincinnati United Way of Northwest Indiana Urschel Laboratories, Inc.

US #1364 Federal Credit Union Vale Park Animal Hospital

Valparaiso Care & Rehabilitation Center

Valparaiso Chamber of Commerce Valparaiso Senior Village

Valparaiso Senior Village Valparaiso University Valpo Parks Department Von Tobel Lumber & Hardware

VU Men's Basketball

Walmart

Wells and Landscaping

Wise Guvs

Wise Guys Discount Liquors

Wood Stuff & More... Yards Container Zao Island







VALPARAISO FAMILY YMCA

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