



## Aquatics - Lap Lane Reservations

Attention YMCA Members,

For your convenience the Valparaiso Family YMCA will be using an app for reserving up to 3 lap lanes. Follow instructions below to sign up for the app and 'reserve/book' lap lanes. **Please only reserve one 30-minute block of time per day to ensure that there is space for all members.** Additional lap lanes are available on a first-come basis.

1. Download the **MINDBODY: Fitness, Salon & Spa (Apple)** or **MINDBODY: Home Workout & Fitness (Android)** app. NOTE: if you don't have a smart phone, this same procedure can be done at <https://clients.mindbodyonline.com/classic/ws?studioid=561594&stype=-7&sView=day&sLoc=0>
2. Create an account.
3. Type "YMCA" into the search box and Valparaiso Family YMCA will come up. If not, then widen the location range.
4. Click on Valparaiso Family YMCA to view class schedule.
5. Click "Book" or "sign up now!" to sign up for your lane or click "waitlist" to be added to the waitlist. **\*You can only book lanes 1 day in advance\*** Lanes close for booking 10 minutes prior to start time.
6. If you are unable to use the lane after reserving it, please go into the app and cancel the reservation.
7. Please arrive 5 minutes early and check in with the lifeguard by the entrance of the lap pool.
8. If someone is more than 5 minutes late for a reserved lane it will be given away on a first come, first serve basis.
9. Please contact Samantha Howes, Aquatics Director if you need assistance at [showes@valpoyymca.org](mailto:showes@valpoyymca.org) or via 219-462-4185 x247



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