











# Leisure Pool

December 1 - 21

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 - 12:00 Aqua Physical Therapy	8:00 - 10:00 Open Swim	8:00 - 12:00 Aqua Physical Therapy		9:00 - 12:00 Aqua Physical Therapy	8:45 - 12:00 Lessons 	
8:30 - 9:15 Aquanastics		8:30 - 9:15 Aquanastics	8:30 - 9:15 Aquanastics	8:30 - 9:15 Aqua Arthritis		
9:30 - 10:15 Aqua Arthritis		9:30 - 10:15 Aqua Arthritis	9:30 - 10:15 Aqua Arthritis	9:30 - 10:15 Aqua Arthritis		
10:30 - 11:00 Child Care/Self-Led Water Exercise Time (WET)	10:00 - 11:00 Child Care	10:30 - 11:00 Child Care/Self-Led Water Exercise Time (WET)	10:15 - 11:00 Self-Led Water Exercise Time (WET)	10:30 - 11:00 Child Care/Self-Led Water Exercise Time (WET)		
11:00 - 12:45 Lessons	11:00 - 12:55 Lessons	11:00 - 12:00 Lessons	11:00 - 1:00 Lessons	11:00 - 12:00 Open Swim		
12:55 - 2:00 Self-Led Water Exercise Time (WET)	1:00 - 1:30 Child Care	12:00 - 2:00 Open Swim	1:00 - 3:00 Open Swim 	3:30 - 6:00 Open Swim	12:00 - 1:00 Birthday Party 	12:00 - 1:00 Birthday Party 
2:15 - 3:00 Silver Splash/ Aqua Physical Therapy	1:35 - 3:00 Open Swim 	2:15 - 3:00 Silver Splash/ Aqua Physical Therapy				
3:30 - 5:55 Lessons	3:30 - 6:00 Lessons	3:00 - 3:55 Adaptive Rec (Splash Pad Closed)	3:30 - 6:00 Lessons	3:30 - 6:00 Open Swim	1:00 - 5:00 Open Swim 	1:00 - 5:00 Open Swim 
		4:00 - 4:50 Sensory Splash (Splash Pad Closed)				
		4:55 - 5:55 Lessons				
6:00 - 6:45 Aqua Zumba®	6:00 - 8:00 Open Swim	6:00 - 6:45 Aqua Zumba®	6:00 - 8:00 Open Swim			



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FOR SOCIAL RESPONSIBILITY						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 8:55 Lap Swim - 6 lanes	5:00 - 8:55 Lap Swim - 6 lanes	5:00 - 8:55 Lap Swim - 6 lanes	5:00 - 8:55 Lap Swim - 6 lanes	5:00 - 8:55 Lap Swim - 6 lanes	7:00 - 9:00 Lap Swim - 6 lanes	
9:00 - 9:45 Active Fitness - 5 lanes Lap Swim - 1 lane	9:00 - 10:00 Deep Water Fitness - 4 lanes Lap Swim - 2 lanes	9:00 - 9:45 Active Fitness - 5 lanes Lap Swim - 1 lane	9:00 - 10:00 Deep Water Fitness - 4 lanes Lap Swim - 2 lanes	9:00 - 9:45 Active Fitness - 5 lanes Lap Swim - 1 lane	9:00 - 11:00 Lessons - 2 lanes Lap Swim- 4 lanes	
9:50 - 10:35 Active Fitness - 4 lanes Lap Swim - 2 lanes		9:50 - 10:35 Active Fitness - 4 lanes Lap Swim - 2 lanes		9:50 - 10:35 Active Fitness - 4 lanes Lap Swim - 2 lanes		
11:00 - 12:00 Deep Water Running - 4 lanes Lap Swim - 2 lanes		10:00 - 4:00 Lap Swim - 6 lanes		10:00 - 4:00 Lap Swim - 6 lanes		10:40 - 4:15 Lap Swim - 6 lanes  
12:00 - 1:00 Lessons - 2 lanes Lap Swim - 4 lanes		3:00 - 3:55 Adaptive Rec - 3 lanes Lap Swim - 3 lanes	10:40 - 3:00 Lap Swim - 6 lanes			
1:00 - 4:00 Lap Swim - 6 lanes						
4:00 - 6:00 Lessons - 4 lanes Lap Swim - 2 lanes	4:00 - 7:00 Lessons - 4 lanes Lap Swim - 2 lanes	4:00 - 6:00 Lessons - 3 lanes Lap Swim - 3 lanes	4:00 - 7:00 Lessons - 4 lanes Lap Swim - 2 lanes	4:15 - 5:00 Deep Water Running - 4 lanes Lap Swim - 2 lanes		
6:00 - 9:30 Lap Swim - 6 lanes	7:00 - 9:30 Lap Swim - 6 lanes	6:00 - 9:30 Lap Swim - 6 lanes	7:00 - 9:30 Lap Swim - 6 lanes	5:00 - 9:30 Lap Swim - 6 lanes		