



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2021 YOUTH BASKETBALL LEAGUE

JANUARY 18TH – MARCH 13TH

Overview

Basketball has been a tradition of the YMCA since it was created by Dr. James Naismith in 1891. At the Valparaiso Family YMCA we embrace our history and are proud to offer Youth Basketball to children as young as age 3, up to 6th Grade.

We believe that Youth Sports should be used to develop a child's character while also giving them an opportunity to be active and enjoy being introduced to a new sport. For more experienced players we still believe in giving all children the opportunity to succeed and always place the emphasis on providing a fun environment for your kids.

Divisions (Co-ed)

Ages 3 & 4

3rd & 4th Grade

Ages 5 & 6

5th & 6th Grade

1st & 2nd Grade

***Bitty Divisions** will use an adjusted rim height and smaller ball for younger players.

Practice

- ◆ Practices will begin the week of January 18th
- ◆ Your child will practice only once per week (Mon, Tues, Wed or Thursday).
- ◆ Unless otherwise specified, all practices will be held at Valpo YMCA
- ◆ Requests cannot be guaranteed.

VALPARAISO FAMILY YMCA

1201 Cumberland Crossing Drive, Valparaiso Indiana 46383

P 219 462 4185 F 219 477 4720 www.valpoyymca.org



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Pictures

- ◆ Picture packets and schedules will be distributed at practice, as well as via email.
- ◆ Details regarding picture day and times will be delivered via email.

Coaches

Like almost all youth sports organizations, the YMCA depends on volunteer coaches to lead our teams. We believe strongly in the impact a volunteer can have on a child and encourage all parents who are able, to volunteer. Lesson plans can be provided.

It is also our goal to allow all players to participate in 1/2 of each game. However, if we are unable to obtain enough volunteer coaches to keep rosters manageable, your child's playing time may be affected.

For information on the responsibilities of a volunteer coach please contact the Sports Director, James R. Hinson, at (219) 462-4185 extension 239 or jhinson@valpoyymca.org.

Coaches Meeting

Tuesday, January 12th

5:30pm; YMCA Community Room

*Please bring a photo ID to the meeting.

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