

# Child Care & Youth Education

Toddler Care / Little Paw  
Preschool at the YMCA  
Downtown Preschool



**EXPLORE  
DISCOVER  
DEVELOP**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BUILDING A FOUNDATION FOR LEARNING



Early Childhood Education  
VALPARAISO FAMILY YMCA

## Welcome!

We provide toddlers and preschoolers a safe place to build friendships and have fun learning. The YMCA is an environment filled with opportunities for children to grow and explore the world around them. We employ caring professionals that are focused on engaging your kids with experiences that support opportunities in character development, learning and socialization. We strive to develop the whole child and to provide an environment for preschoolers to learn, gain self-confidence, make new friends and respect others.

### OUR STAFF

Our goal is to keep kids interested while having fun with our imaginative academic activities. We're here to support parents with child care needs and help youth reach their fullest potential.

Our lead teachers in each classroom have either their CDA or a degree in Early Childhood Education, as well as experience teaching preschool age children.

All teaching staff undergo 12 hours of continued education training every year along with background checks and fingerprints, per state guidelines. All of our highly qualified staff are CPR & First Aid Certified and receive extensive hours of training and professional development.

## BRIGHT BEGINNINGS START HERE

### CHILD CENTERED FOCUS

Our goal is to create a fun and safe environment that fosters children's learning through activities that teach the Y's core values of Caring, Honesty, Respect and Responsibility. To complement the traditional classroom experience, Y kids develop self-control and a sense of purpose through activities such as swimming, community field trips, fitness, sports skills, and cooking and nutrition lessons.

### THE Y IS A HEPA FACILITY

Children engage in healthy eating and physical activity 30-60 minutes/day. Fresh fruits, vegetables and whole grain snacks are provided. Children are encouraged to make healthy choices both at the YMCA and at home.

### CORE CONTENT AREAS

- Literacy
- Mathematics
- Science
- Social studies
- Arts
- Technology
- Healthy habits
- Social responsibility

### TWO LOCATIONS FOR EARLY EDUCATION PROGRAMS

Valparaiso Family YMCA  
1201 Cumberland Crossing Dr.  
219.464.9543 ext. 7

### Bridgepoint Church (Downtown location)

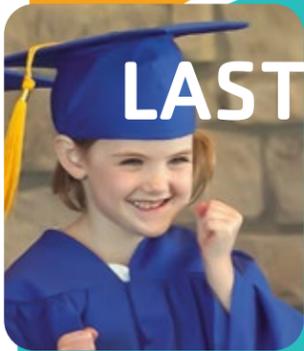
105 N. Washington St.  
219.462.0040 (Tours)  
219.464.9543 ext. 7 (Registration)

### EVERYONE IS WELCOME

Due to generous donors to our Annual Campaign and support from the United Way of Porter County, financial assistance scholarships are available to help assist with child care fees for those in need!



# ENRICHING KIDS INSIDE & OUT



LAST YEAR  
**78**

Preschool graduates received their diplomas and were kindergarten bound!

## TODDLER CARE

Ages 2-3

We nurture each child and build strong relationships with parents. Parents will receive frequent updates on their child's progress.

## PRESCHOOL

Ages 3-5

Preschool programs provide students with the foundation of learning to prepare them for future success. Children engage in language arts, handwriting, math concepts, science, social and emotional awareness, music, visual arts, and large and small muscle development. Progress and growth is frequently assessed and communicated with parents.

## PRE-KINDERGARTEN

Children Entering Kindergarten  
The Following Fall

This program provides a nurturing environment where children will learn to share, work in groups, and socialize with others. They will also form the basis for reading, writing, and math skills. The children are provided a snack and drink daily. The program offers one swim lesson and one splash pad day per week (at the YMCA location only).

## CURRICULUM INCLUDES

- Creative Curriculum
- Music & movement
- Prewriting & writing
- Reading readiness
- Arts & crafts



## School Year Programs



### VALPARAISO FAMILY YMCA LOCATION

1201 Cumberland Crossing Dr.

#### All day Preschool (with extended care)

TIME	DAYS	AGE
6:00 am - 6:00 pm	Monday - Friday (5 days)	Toddler Care: 2-3 year olds
6:00 am - 6:00 pm	Monday - Friday (5 days)	Preschool: 3-5 year olds

#### Half day Preschool

9:00 am - 11:30 am	Tuesday & Thursdays	Preschool: 3 year olds
9:00 am - 11:30 am	Monday, Wednesday, Friday	Preschool: 4-5 year olds
12:30 pm - 3:00 pm	Monday - Friday (5 days)	Pre-K - 4 years old (by August 1)

### BRIDGEPOINT CHURCH - DOWNTOWN LOCATION

105 N. Washington St.

#### All day Preschool (with extended care)

TIME	DAYS	AGE
6:00 am - 6:00 pm	Monday - Friday (5 days)	Preschool: 3-5 year olds

#### Half day Preschool

9:00 am - 11:30 am	Tuesday & Thursdays	Preschool: 3 year olds
9:00 am - 11:45 am	Monday, Wednesday, Friday	Preschool: 4-5 year olds
9:30 am - 11:30 am	Monday - Friday (5 days)	Pre-K - 4 years old (by August 1)

Annual Supply Fee: \$50 Members/ \$75 Community

Registration Fee: \$0 Members / \$25 Community

For pricing and availability, please call 219.464.9543 ext. 7 or stop by our Child Care Office for information.



# LITTLE PAW

Ages 3-6 years old

## Enrichment Program for Summer

We encourage your child to grow spiritually, mentally and physically in a safe enriching environment. Camp is structured by a daily schedule which provides focus activities developed from weekly themes. Camp activities include: cooperative games, arts & crafts, singing, dramatic play, storytelling, outdoor living skills, environmental education, gardening, fitness classes, swimming (Valparaiso Family YMCA location only), and walking field trips.

Age Groups	Days	Times	Location
3 year olds	T/TH	9:00 am - 11:30 am	<b>Y PRESCHOOL DOWNTOWN</b> 105 N. Washington St.
4 & 5 year olds	M/W/F	9:00 am - 11:30 am	<b>Y PRESCHOOL DOWNTOWN</b> 105 N. Washington St.
Pre-K	M-F	9:00 am - 11:30 am	<b>Y PRESCHOOL DOWNTOWN</b> 105 N. Washington St.
3-6 year olds	M-F	9:00 am - 3:00 pm 6:00 am - 6:00 pm	<b>Y PRESCHOOL DOWNTOWN</b> 105 N. Washington St.
<b>Kindergarten*</b> (children entering K in the fall)	M-F	9:00 am - 3:00 pm 6:00 am - 6:00 pm	<b>VALPARAISO FAMILY YMCA</b> 1201 Cumberland Crossing Dr.

\*If camp is full, wait list is available.

For more information, contact the child care office 219.464.9543.



# TIME TO EXPLORE & MAKE NEW FRIENDS



**READY TO REGISTER!**  
Contact the Child Care Office  
219.464.9543

## EARLY CHILDHOOD CREATIVE CURRICULUM

At the YMCA we use a proven approach to learning called Creative Curriculum. This approach informs the nurturing, learning and educational environment that our participating children experience.

Our curriculum is an early childhood development approach rooted in educational philosophy, theory and practice. We focus on how children develop and learn, based on their individual interests, the learning environment and the role of a teacher.

**The curriculum has 38 research based learning objectives that are organized into 10 areas of development and learning.**

- Social-Emotional
- Physical
- Language
- Cognitive
- Literacy
- Mathematics
- Science & Technology
- Social Studies
- The Arts
- English Language Acquisition



## THE YMCA OFFERS PRESCHOOL AT THESE LOCATIONS:

**VALPARAISO FAMILY YMCA LOCATION**  
1201 Cumberland Crossing Dr.

**BRIDGEPOINT CHURCH - DOWNTOWN LOCATION**  
105 N. Washington St.





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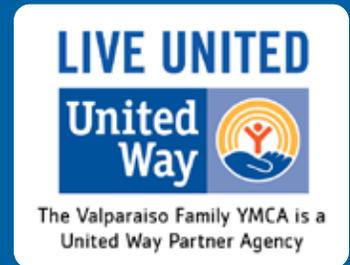


## Child Care & Youth Education

For questions about our programs:  
Melanie Hoffman,  
Child Care Director  
219.462.4185 ext. 238

### WORRIED ABOUT COSTS?

The Y creates opportunities for all. Thanks to the generosity of donors, the Y offers scholarships to individuals and families for Y membership and programs, including child care. To apply for financial assistance, please stop by the Child Care office or give us a call at 219.464.9543.



STAY CONNECTED!  
[valpoyymca.org](http://valpoyymca.org)

